

Patient Information and Consent Form

Risk of Coronavirus (COVID-19) Transmission at Complete Chiropractic

The Government published a Statutory Instrument on 26th March 2020, *no. 350 'The Health Protection (Coronavirus, Restrictions) (England) Regulations 2020'* confirming that it is lawful for a chiropractic practice to remain open. It further defines those people who are recognised as vulnerable for the purposes of document.

Complete Chiropractic has conducted a thorough risk assessment to ensure adequate levels of safety at this office are implemented and maintained. We are following the most up-to-date Government and Public Health England guidance and put in place stringent patient triage, hygiene, sanitation and infection control protocols to protect our patients and staff/ team members (delete as necessary). Despite these precautions, there is a risk of transmission of the Coronavirus (COVID-19) and it is important that you understand the risk. We have provided the information below to help you decide if you wish to continue with your care at Complete Chiropractic and remind you that you are under no obligation to do so.

Precautions that Complete Chiropractic has in place:

- **All patients contacting us for an appointment are triaged over the telephone or via email to establish whether symptoms are present, if they are self-isolating, if anyone in their household has symptoms or is self-isolating, or they have been in contact with anyone with COVID-19 symptoms.**
- **We enforce a strict policy that anyone with any COVID-19 symptoms, or has a member of their household displaying signs, must stay away from the office.**
- **A second triage is conducted at the Office, including a temperature check.**
- **A strict cleaning, sanitation and infection control protocol is adhered to – Please ask if you would like to see this document.**
- **All team members at Complete Chiropractic adhere to the social distancing guidance issued by the Government.**
- **The layout of the practice has been adapted to maintain social distancing.**
- **Patients waiting are restricted to one at any time and a 2-metre distance will be enforced between patients and non-office team members.**
- **Chiropractors and Office Staff will be wearing full Personal Protective Equipment for your protection.**

Complete Chiropractic is committed to ensuring that every measure is in place to minimise the risk of exposure to COVID-19, we cannot guarantee there is no risk to you as a result of attending the office.

People can catch COVID-19 from others who have the virus. The disease can spread from person to person through small droplets from the nose or mouth which are spread when a person with COVID-19 coughs, sneezes or exhales. These droplets land on objects and surfaces around the person. Other people then catch COVID-19 by touching these objects or surfaces, then touching their eyes, nose or mouth. People can also catch COVID-19 if they breathe in droplets from a person with COVID-19 who coughs, sneezes or exhales droplets.

The risk of catching COVID-19 from someone with no symptoms at all is very low. However, many people with COVID-19 experience only mild symptoms. This is particularly true at the early stages of the disease. It is therefore possible to catch COVID-19 from someone who has, for example, just a mild cough and does not feel ill. (World Health Organisation)

Eligibility for Care

In addition to those with COVID-19 symptoms, self-isolating, living with someone with symptoms/ self-isolating, or have been in contact with anyone with or suspected to have COVID-19, as directed by our national association we are currently not accepting patients from the vulnerable “at risk” groups. This includes all who are:

- Pregnant
- Over 70
- And those with a long-term health condition/ underlying medical conditions as listed below:
 - Chronic (long-term) respiratory diseases, such as asthma, chronic obstructive pulmonary disease, emphysema or bronchitis.
 - Chronic heart disease, such as heart failure.
 - Chronic kidney disease.
 - Chronic liver disease, such as hepatitis.
 - Chronic neurological conditions, such as Parkinson’s disease, motor neurone disease, multiple sclerosis, a learning disability or cerebral palsy.
 - Diabetes.
 - Problems with the spleen, such as sickle cell disease or removal of the spleen.
 - A weakened immune system as the result of conditions such as HIV and AIDS, or medicines such as steroid tablets or chemotherapy.
 - Being seriously overweight, with a body mass index of 40 or above.

Consent to receive care at Complete Chiropractic

- I have answered all questions (triage) relating to my potential exposure to Coronavirus (COVID-19) truthfully.
- I understand that there is a potential risk of transmission of Coronavirus (COVID-19) as a result of attending the office and/or receiving care.
- I have had the opportunity to ask all the questions I wish to, and all my questions have been answered to my satisfaction.
- I have read, agreed to and understood the statements above relating to Coronavirus (COVID-19) risk and consent to receive care at Complete Chiropractic in light of the information I have received.
- I consent to receiving chiropractic care.

Patients Name: _____

Patients Signature: _____

Date: _____